

# CLIENT QUESTIONNAIRE

**Healing Hearts Family Counseling Center, LLC.**

2829 Royal Avenue, Suite 200

Madison, Wisconsin 53713

Date: \_\_\_\_\_

Client Name

1. What issues are you seeking help for at this time (Briefly describe specific problems)

2. Is anyone referring you? Referral Source: \_\_\_\_\_

3. Current symptom checklist:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> depressed mood            | <input type="checkbox"/> grief                                | <input type="checkbox"/> obsessive thoughts          |
| <input type="checkbox"/> lack of appetite          | <input type="checkbox"/> hopelessness                         | <input type="checkbox"/> overeating                  |
| <input type="checkbox"/> social isolation          | <input type="checkbox"/> suicidal thoughts                    | <input type="checkbox"/> difficulty falling asleep   |
| <input type="checkbox"/> feelings of worthlessness | <input type="checkbox"/> anger outbursts                      | <input type="checkbox"/> memory problems             |
| <input type="checkbox"/> trouble staying asleep    | <input type="checkbox"/> sleeping more than normal            | <input type="checkbox"/> flashbacks                  |
| <input type="checkbox"/> fatigue/low energy        | <input type="checkbox"/> feelings of guilt                    | <input type="checkbox"/> manic episodes              |
| <input type="checkbox"/> poor concentration        | <input type="checkbox"/> feelings of wanting to harm yourself | <input type="checkbox"/> addictions (please specify) |
| <input type="checkbox"/> mood swings               | <input type="checkbox"/> significant weight gain or loss      | <input type="checkbox"/> restless                    |
| <input type="checkbox"/> agitated                  | <input type="checkbox"/> excessively emotional                | <input type="checkbox"/> anxiety                     |
| <input type="checkbox"/> irritable                 | <input type="checkbox"/> panic attacks                        | <input type="checkbox"/> other _____                 |

4. Have you ever been in counseling before?  yes  no

If yes, when, where and with whom? \_\_\_\_\_

5. Has any family member had mental health counseling or psychiatric treatment?  yes  no

If yes, who and why? \_\_\_\_\_

6. Do you have any medical problems? Accidents or Injuries?  yes  no

If yes, they are: \_\_\_\_\_

7. Prior or current medication usage?  yes  no If yes, please list (use back side if needed):

Medication	Dosage	Start date	End date	Physician	Beneficial?
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

8. As a child do you remember your needs being met (food, shelter, love?) If no, please describe:

\_\_\_\_\_

## Client Questionnaire

9. During the past six months, have you: seen a doctor? \_\_\_\_\_  
 been hospitalized? \_\_\_\_\_ Used outpatient counseling services? \_\_\_\_\_

10. SUBSTANCE USE HISTORY: (check all that apply)

Family alcohol/drug abuse history:

father                       stepparent/live-in                       children                       other  
 mother                       uncle(s)                       sibling(s)  
 grandparent(s)                       aunt(s)                       spouse/significant other

Substances have you ever used: (check all that apply)	Current Use Yes/NO	Amount/Frequency Current	Past Use Yes/No
<input type="checkbox"/> Alcohol	_____	_____	_____
<input type="checkbox"/> Barbituraries/downers	_____	_____	_____
<input type="checkbox"/> Caffeine	_____	_____	_____
<input type="checkbox"/> Cocaine	_____	_____	_____
<input type="checkbox"/> Crack Cocaine	_____	_____	_____
<input type="checkbox"/> Hallucinogens (eg LSD)	_____	_____	_____
<input type="checkbox"/> Inhalants (eg glue, gas)	_____	_____	_____
<input type="checkbox"/> Marijuana or hashish	_____	_____	_____
<input type="checkbox"/> Nicotine/cigarettes	_____	_____	_____
<input type="checkbox"/> Opioids (Heroin, morphine, oxycontin)	_____	_____	_____
<input type="checkbox"/> Perscription medication	_____	_____	_____

AODA (Alcohol and Drug) Treatment History:

outpatient age(s) \_\_\_\_\_  
 inpatient age(s) \_\_\_\_\_  
 stopped on own, how long \_\_\_\_\_  
 12 step program

Consequences of substance use

hangovers                       sleep disturbance  
 blackouts                       suicidal impulses  
 medical conditions                       binges  
 tolerance changes                       job loss  
 assaults                       arrests

11. Have you been the victim of physical abuse?

yes  no  not sure. If yes, who?

12. Have you been the victim of sexual abuse?

yes  no  not sure. If yes, who?

13. Are you a veteran  yes  no

14. Have you ever been charged with a crime?

yes  no  not sure. If yes, please explain?

15. Are you presently on Probation or Parole? Agent's name and contact information: \_\_\_\_\_ yes \_\_\_\_\_ no

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**Client Questionnaire**

16. What is the highest grade of school you have completed?

What is your occupation?

17. Current living situation:  alone  spouse or significant other  friend  parents  
 foster parents  halfway house

18. How good is your relationship with your: (circle one for each)

- Boss? Very poor - poor - fair - good - Excellent
- Partner? Very poor - poor - fair - good - Excellent
- Children? Very poor - poor - fair - good - Excellent
- Parents? Very poor - poor - fair - good - Excellent
- Siblings? Very poor - poor - fair - good - Excellent

19. Family Information:

Father's Name _____	(age) _____	Mother's Name _____	(age) _____
Step-father/live in _____	_____	Step-mother/live-in _____	_____
Sibling's name _____	_____	Sibling's name _____	_____
Sibling's name _____	_____	Sibling's name _____	_____

20. Current marriage/committed relationship: Date of marriage/time since together \_\_\_\_\_

Spouse/partner's name _____	Occupation: _____
Children's name(s) _____	Physical placement _____
_____	_____
_____	_____
_____	_____
_____	_____

21. Previous Marriage(s) if any, list most recent first:

Date of marriage _____	Date marriage ended _____	<input type="checkbox"/> Death <input type="checkbox"/> Divorce
Former Spouse's name _____	Occupation: _____	
Children's name(s) _____	Physical placement _____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	

b. Date of marriage _____	Date marriage ended _____	<input type="checkbox"/> Death <input type="checkbox"/> Divorce
Former Spouse's name _____	Occupation: _____	
Children's name(s) _____	Physical placement _____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	

20. Relationship Satisfaction if involved currently:

- \_\_\_ very satisfied with relationship
- \_\_\_ satisfied with relationship
- \_\_\_ somewhat with relationship
- \_\_\_ dissatisfied with relationship
- \_\_\_ very dissatisfied with relationship